



# Compassion-Centered Spiritual Health (CCSH) Registered Clinician Training

See Website for Upcoming Training Dates

Thank you for your interest in becoming a CCSH Registered Clinician. We are excited about offering this opportunity to become trained in this Research-Based CCSH Interventional Approach based on the core principles of Cognitively-Based Compassion Training (CBCT®).

## ***Why learn the CCSH Interventional Approach?***

1. Offers a consistent, systematic way to understand and deepen skills for navigating the varied emotional and behavioral responses required of spiritual health practitioners through the practice of the skills of CBCT.
2. Cultivates perspective-taking skills to enhance cultural competence.
3. Fosters resilience in the face of suffering of self and others.
4. Provides a Research-Based approach for increased effective and efficient ways to offer Spiritual Health.
5. Provides a Spiritual Health approach for addressing the epidemic of burnout of Staff in the Healthcare setting.

## ***Prerequisites***

At the end of this document is a sample timeline for completion of this training. There is adaptability to this timeline depending on when you first engage in the CBCT Foundations Course (available courses listed at [compassion.emory.edu](http://compassion.emory.edu)). This sample timeline also names the timing of other training opportunities, such as becoming a CBCT Instructor (see [compassion.emory.edu](http://compassion.emory.edu) for further information) as well as becoming a CCSH Registered Instructor. Please let us know if you are also interested in these additional Trainings and we will provide more information about these options.

This timeline also presupposes that you are engaged in a Spiritual Health Profession and are either Certified or engaged in the process of Certification with ACPE or its Strategic Partners.

## ***Application Process***

The first step towards becoming a CCSH Registered Clinician is to apply following completion of the CBCT Foundation Course. This application entails writing a brief description about your interest in learning this CCSH Interventional Approach (one page in length) as well as participating in a brief 30 minute interview with one of the CCSH Registered Clinician Trainers. To prepare for this interview, we also ask that you view the CCSH webinar: <https://youtu.be/torZwUbAtI4>.

Upon acceptance, you would be assigned to the next available CCSH Cohort class. The following is a brief description of the overview of the CCSH Registered Clinician Training.

## **Sample: CCSH Registered Clinician Training Overview:**

### **A. Instruction and Consultation:**

- i. Initial 12 hour CCSH class via Zoom (usually spread out over 3 classes)
- ii. Monthly 2 hour follow-up Zoom calls with the CCSH learning group facilitated by CCSH Instructors to present and discuss CCSH cases. Participation in this learning group continues throughout completion of CCSH cases and will also be available as a consultation community following completion
- iii. 4 one hour individual sessions with CCSH Advisor

### **B. Partnership with CCSH Advisor:**

4 one hour individual sessions with Advisor via Zoom to support reflection on and completion of 60 cases in order to review the following (format will be provided):

- i. CCSH reflections
- ii. Discussion of personal on-going engagement with the insights of CBCT.

### **C. Evaluation:**




- i. After a total of 60 logged sessions, the CCSH participant will contact their Advisor to set up a time to discuss their demonstration of the competencies affiliated with each stage of the CCSH Interventional Approach.
- ii. Successful completion of a written open book evaluation demonstrating understanding of the core insights of the CCSH Interventional Manual to be used throughout the course.

### **D. Cost of CCSH Registered Clinician Training: \$1200 (due two weeks prior to start of the course)**

### **E. Continuing Education After Registration**

- i. There will be required engagement in annual continuing education events to stay current in best practices and research developments in CCSH available via Zoom and/or in-person. A minimum of 8 hours will be required per year.
- ii. A CCSH Registered Clinician will also have access to ongoing consultation with the CCSH Advisory Team.
- iii. Annual registration fee: \$100

\*What constitutes Intervention session?

-  Contact with CPE Student in spiritual distress
-  Staff
-  Patients & family

## Sample CCSH Registered Clinician Timeline\*

